Not-for-profit health care practices that provide comprehensive, patient-centered primary care

42 North Carolina Community Health Centers:

- 520,000 patients served in 2016
- $675 annual average patient costs
- Fees adjusted based on patients’ ability to pay
- Serve medically underserved populations
- Demonstrate sound clinical and financial management
- Governed by a patient-majority board
- Serve all 100 North Carolina counties

WHAT ARE COMMUNITY HEALTH CENTERS?

Insurance Coverage of North Carolina Community Health Center Patients, 2016

North Carolina CHC Visits by Type of Service¹:

<table>
<thead>
<tr>
<th>Service</th>
<th>Visits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical</td>
<td>1,329,324</td>
</tr>
<tr>
<td>Dental</td>
<td>224,220</td>
</tr>
<tr>
<td>Behavioral &amp; substance</td>
<td>95,968</td>
</tr>
<tr>
<td>Enabling</td>
<td>160,886</td>
</tr>
</tbody>
</table>

¹ BPHC, HRSA, 2016 Uniform Data System (UDS)
More Insured People Will Grow Our Economy
- Insurance coverage is needed when CHC preventive and primary care is not enough for patients that need specialty and hospital care.
- 390,000 more North Carolinians would have insurance coverage if the state expanded Medicaid.
- People without health insurance are sicker and poorer, making it more difficult for them to contribute to the economy.3
- The healthcare system is a driving force in North Carolina’s economy. Making health coverage available to the uninsured could add 43,000 jobs over four years.3
- States that reduced their uninsured populations saw uncompensated care at hospitals decrease by 21% compared to states that did not act.3

Medicaid Helps NC Fulfill the CHC Mission
Every North Carolina community should have access to a patient-centered, patient-governed, culturally competent health care home. Many CHCs go further to meet community needs by integrating high quality medical, pharmacy, dental, vision, behavioral health, and enabling services, serving patients without regard to a person’s ability to pay. Medicaid helps fulfill this vision.
- Medicaid covers 19% of NC CHC patients
- NC CHCs serve 6.2% of NC Medicaid patients and account for only 0.5% of the state’s Medicaid expenditures1

A Strong Medicaid Program:
- Maintains services for beneficiaries
- Helps CHCs plan for future years / budgets / growth / increase in services
- Helps patients with specialty & wraparound services that improve health & reduce expensive emergency department visits
- Means that CHCs are able to competitively recruit, hire, and retain staff

North Carolina has to cover more uninsured patients
North Carolina Community Health Centers have twice as many uninsured (“self-pay”) patients and less than half as many patients covered by Medicaid than CHCs nationally. With such a high percentage of federal grant funding dedicated to sliding scale patient fees, North Carolina CHCs are more limited in:
- Expanding sites
- Adding services
- Developing new programs that could help improve health outcomes

Federal grants are almost half of NC CHC revenues. To be less dependent on federal grant funding, North Carolina would have to cover more people.
**STRENGTHENING NORTH CAROLINA’S ECONOMY**

**340B DRUG DISCOUNT PROGRAM**

### 340B Program Gives Access to Needed Medicine

The 340B Drug Discount Pricing Program is a federal program that enables qualified safety net organizations, including Community Health Centers, to purchase discounted outpatient drugs directly from pharmaceutical companies. Drug manufacturers participating in the Medicare and Medicaid programs are required to participate.

Health Centers utilize the 340B Program to:

- Provide access to low-cost medications for uninsured patients
- Reinvest savings to:
  - Provide medication management services
  - Offer patient navigation services that connect patients to other community services
  - Connect clinical pharmacists and primary care providers to manage chronic conditions as a care team
  - Support staff time to work on quality improvement initiatives
  - Conduct local community health education
  - Expand pharmacy services through innovative initiatives, such as a medication delivery service pilot

### National Health Service Corps Brings People to NC

The National Health Service Corps is a loan forgiveness program that encourages recent medical school graduates to work in rural health locations.

- North Carolina had 237 NHSC placements in 2016, 103 of which are at CHCs

“We couldn’t continue to fully staff our CHC without the National Health Service Corps Program,” says Chuck Shelton, CEO of Mountain Community Health Partnership. “They have been and continue to be a key factor in our ability to attract providers to our rural location.”

### Federal Grant Dollars to NC

**Direct economic impact:**

- $127,843,883

**Indirect economic impact:**

- $111,774,361

**Total Jobs (full-time equivalents):**

- 3,765 including:
  - 1,312 Medical FTEs
  - 272 Dental FTEs
  - 190 Pharmacy FTEs
  - 102 Mental Health/Substance Abuse FTEs

---

1. BPHC, HRSA, 2016 Uniform Data System (UDS)

---

1. BPHC, HRSA, 2016 Uniform Data System (UDS)
SOCIAL DETERMINANTS OF HEALTH

CHCs Help Address Social Determinants of Health

Intimate Partner Violence
Transportation
Housing & Homelessness
Food Insecurity

SNAP, WIC, Food Banks
Maternity Care Coordination
Telehealth & Transportation Help
Job Training

CHCs Provide an Umbrella of Services to address SDOH

Social determinants of health (SDOH) are conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.¹ Social and environmental factors account for 60% of a person’s health.


BEHAVIORAL HEALTH

CHCs are Important Players in Behavioral Health

Behavioral Health Services by the Numbers:

• 29: NC CHCs offering behavioral health diagnosis and treatment
• 96,000: Behavioral Health & Substance Abuse visits, an increase from 2015
• 102: FTE Behavioral Health Professionals in 2016 (psychiatrists, clinical psychologists, licensed social workers, addiction specialists, others)

Wilmington, NC has the highest rate of opioid addiction (11.6%) in the country, and three other NC cities are in the top 25: Hickory (9.9%), Jacksonville (8.2%) and Fayetteville (7.9%).¹

FQHCs Delivering Medication Assisted Treatment

• Appalachian Mountain Community Health Centers
• Blue Ridge Health
• Gaston Family Health Services
• High Country Community Health*
• Lincoln Community Health Center*
• Metropolitan Community Health Services, Inc.*
• Mountain Community Health Partnership
• Piedmont Health Services
• Stedman-Wade Health Services, Inc.
• And more are planning to do this in the future

*These health centers are participating in a Medication-Assisted Opioid Use Disorder Treatment Pilot Program created by the NC General Assembly through House Bill 1030.

North Carolina CHCs and their patients are best served when there is a strong mental health and substance abuse treatment system. Community Health Centers work closely with other providers, including mental health services, hospitals, academic medical centers, community providers, and private practitioners to ensure the needs of patients are being met.

NC COMMUNITY HEALTH CENTERS 2018

Alamance | Piedmont Health Services
Alleghany | AppHealthCare
Anson | Anson Regional Medical Services
Ashe | AppHealthCare
Avery | High Country Community Health
Beaufort | Metropolitan Community Health Services
Bertie | Bertie County Rural Health Association | Roanoke Chowan Community Health Center
Bladen | CommWell Health
Brunswick | CommWell Health | Goshen Medical Center
Buncombe | Western NC Community Health Services | Blue Ridge Health
Burke | High Country Community Health
Cabarrus | Cabarrus Rowan Community Health Center
Caldwell | West Caldwell Health Council
Caswell | Caswell Family Medical Center | Piedmont Health Services
Catawba | Gaston Family Health Services
Chatham | Piedmont Health Services
Cherokee | Appalachian Mountain Community Health Centers
Chowan | Gateway Community Health Centers
Columbus | Goshen Medical Center | Robeson Health Care Corporation
Craven | Goshen Medical Center | Craven County Community Health Center
Cumberland | Stedman-Wade Health Services | South Central Community Health Center
Davidson | Gaston Family Health Services
Duplin | Goshen Medical Center
Durham | Lincoln Community Health Center
Edgecombe | Carolina Family Health Centers | OIC Family Medical Center | Rural Health Group
Forsyth | United Health Centers
Franklin | Advance Community Health
Gaston | Gaston Family Health Services
Gates | Gateway CHC
Graham | Appalachian Mountain Community Health Centers
Greene | Greene County Health Care
Guilford | Triad Adult and Pediatric Medicine
Haleef | Rural Health Group
Harnett | First Choice Community Health Center
Haywood | Appalachian Mountain Community Health Centers | Blue Ridge Community Health Services
Henderson | Blue Ridge Health
Hertford | Roanoke Chowan Community Health Center
Hoke | South Central Community Health Center
Hyde | Mountain Community Health Partnership
Iredell | Gaston Family Health Services
Jackson | Appalachian Mountain Community Health Centers | Blue Ridge Health
Johnston | CommWell Health
Jones | Goshen Medical Center
Lenoir | Kinston Community Health Center
Lincoln | Gaston Family Health Services
Macon | Appalachian Mountain Health Centers
Madison | Hot Springs Health Program
Martin | Metropolitan Community Health Services
McDowell | Appalachian Mountain Community Health Centers
Mecklenburg | C.W. Williams Community Health Center | Charlotte Community Health
Mitchell | Mountain Community Health Partnership
Montgomery | Robeson Health Care Corporation
Nash | Carolina Family Health Centers
New Hanover | MedNorth Health Center
Northampton | Rural Health Group
Onslow | Goshen Medical Center
Orange | Piedmont Health Services
Pamlico | Greene County Health Care
Pasquotank | Gateway Community Health Centers
Pender | CommWell Health | Black River Health Services
Person | Person Family Medical Center
Polk | Blue Ridge Health
Pitt | Greene County Health Care
Randolph | Randolph Family Health Care at MERCE
Richmond | Anson Regional Medical Services
Robeson | Robeson Health Care Corporation
Rockingham | Triad Adult and Pediatric Medicine
Rowan | Cabarrus Rowan Community Health Centers
Rutherford | Blue Ridge Community Health Services
Sampson | CommWell Health | Goshen Medical Center
Scotland | Robeson Health Care Corporation
Transylvania | Blue Ridge Health
Union | Anson Regional Medical Services
Vance | Rural Health Group
Wake | Advance Community Health
Warren | Rural Health Group
Washington | Roanoke Chowan | Metropolitan Community Health Center
Watauga | High Country Community Health
Wayne | Goshen Medical Center
Wilkes | Wilkes Community Health Center
Wilson | Carolina Family Health Centers
Yancey | Mountain Community Health Partnership